10: Roscoe M-5 (ca. 1900)1915
FL11 Luo FL11

The warriors are armed with long-bladed spears and use large shields three feet high and of a V shape, behind which the bearer crouches and is completely hidden. The shields are made of cow-hide and are so dried that they are hard enough to resist a spear-thrust. Each warrior is painted with red and white clay in fantastic designs and wears a head-dress. Some of the head-dresses are like helmets adorned with ostrich feathers, while others are small straw hats such as a child's doll might wear.

The battle is decided when the cattle are carried off by the one party or when the other party prove themselves strong enough to retain them. The victors dictate terms of peace and the vanquished pay a fine in cattle and women.

Treatment of a warrior who has slain one of the enemy. When a warrior kills another in battle, he is isolated from his village, lives in a separate hut some four days, and an old woman cooks his food and feeds him like a child because he is forbidden to touch any food. On the fifth day he is escorted to the river by another man who washes him, a white goat is killed and cooked by the attendant, who feeds the man with the meat, the goat-skin is cut into strips and put upon the man's wrists and round his head, and he returns to his temporary home for the night. The next day he is again taken to the river and washed, and a white fowl is presented him. He kills it and it is cooked for him, and he is again fed with the meat. He is then pronounced to be clean and may return to his home. It sometimes happens that a warrior spears another man in battle and the latter dies from the wound some time after. When death takes place, the relatives go to the warrior and tell him of the death, and he is separated at once from the community until the ceremonies above described have been performed. The people say that the ceremonies are necessary in order to release the ghost of the dead man, which is bound to the warrior who slew him and is only released on the fulfilment of the ceremonies. Should a warrior refuse to fulfil the ceremonies, the ghost will ask, "Why don't you fulfil the ceremonies and let me go?" Should the man still refuse to comply, the ghost will take him by the throat and strangle him.